Trichobezoar and Rapunzel syndrome

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12-year-old girl without a history of psychiatric disorders presented to the emergency department with abdominal pain and mass in epigastric and left upper quandrant. The vital signs and laboratory studies were unremarkable. Abdominal contrast computed tomography revealed a giant heterogenous mass

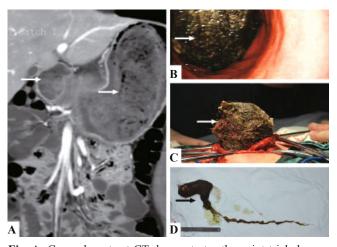


Fig. A: Coronal contrast CT demonstrates the gaint trichobezoar extending from the stomach to duodenum (white arrow); B: Endoscopic view of trichobezoar (white arrow); C: The trichobezoar was removed by gastrotomy (white arrow); D: Retrieved trichobezoar with its intestinal tail—Rapunzel syndrome (black arrow).

extending from the stomach to the duodenum (Fig. A). Endoscopic examination confirmed the diagnosis of a trichobezoar (Fig. B) and attempts were made to remove the trichobezoar, which however was unsuccessful. Laparotomy was performed for the patient, and the giant trichobezoar, filling the entire stomach, duodenum and proximal jejunum, was removed without spillage into the peritoneal cavity (Fig. C). Rapunzel syndrome was diagnosed (Fig. D). On day 3 after surgery, early enteral nutrition was fed by a nasojejunal tube. The recovery course was uneventful postoperatively, and the patient was discharged on day 11 after surgery and referred for psychiatric counseling.

Funding: None.

Ethical approval: Not needed.

Competing interest: None declared.

Contributors: Sun ZN wrote the main body of the article under the supervision of Hu DL. All authors approved the final version.

Received April 13, 2015 Accepted after revision May 13, 2015

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doi: 10.1007/s12519-016-0055-5 Online First, August 2016

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